



Healthy Cooking School

Presented by

***Adventist Community
Services***

of Columbia Midtown Church



A FREE plant-based cooking school

***Where: 6801 St. Andrews Road, #11-A
(Quail Valley Plaza – Corner of Wescott & St.
Andrews Road)***

When: Every Monday evening

Time: 6:30 to 8:30 p.m.

Dates: September 13 through November 1, 2010

Register early - space is limited: (803)397-7285